

Valley Presbyterian Hospital Preanesthesia Evaluation and Preparation Guidelines			
Diseases	Healthy	11 < Female < 55 yrs old	<u>Pregnancy Test</u>
		Male or Female over 55 years old	<u>Consider</u> EKG, CXR, CBC, BMP, PT/PTT (weak recommendation)
	Obesity	Morbid Obesity: BMI > 40	BMP, EKG, CXR
	Respiratory Diseases	Obstructive Sleep Apnea	<u>Patient to bring CPAP / BiPAP Machine for possible PACU use</u>
		Heavy Smoking (>20 Pack Year), COPD	CXR, EKG
		Significant Disease and Major Surgery	Medical/Pulmonary Clearance
	Cardiac Diseases	Long-lasting or uncontrolled Hypertension	BMP, EKG, CXR
		CHF, Cardiomyopathy, Angina, MI, history of CABG, Valvular disease, Significant Arrhythmias	<u>CBC, BMP</u> , PT/PTT, <u>EKG, CXR, Echo</u> , Cardiac Clearance, ± Mg
		Pacemaker or AICD	Interrogation within 3 months of elective procedure <u>requiring electrocautery. Patient to carry a copy of wallet card on the day of procedure.</u>
	Renal Diseases	ESRD, Acute or Chronic Renal Failure	<u>CBC</u> , BMP (focus on <u>Potassium</u>), PT/PTT, EKG, CXR, Medical Clearance
			<u>12 hrs < Last Dialysis relative to the surgery time ideally < 48 hrs</u>
			<u>Normal Saline for IV Fluid</u>
	Hepatic Diseases	Cirrhosis	<u>CBC</u> , BMP, LFT, <u>PT/PTT</u> , EKG, CXR, ± Medical Clearance, <u>Normal Saline for IV Fluid</u>
		Alcohol Abuse, Hepatitis C	
	Endocrine Disease	Diabetes Mellitus, Pre Diabetes	<u>Recent Fingerstick Glucose</u>
		Long-lasting or uncontrolled Diabetes	BMP, EKG, CXR
	Hematologic Disorders	Coagulations Disorders, Anemia	<u>CBC, PT/PTT</u>
		Significant Disease and Major Surgery	Medical/Hematology Clearance
Drugs	Anticoagulants	Plavix, Eliquis, Pradaxa, Xarelto, Warfarin...	<u>CBC, PT/PTT</u> , ± Type and Screen
			<u>Follow Cardiologist's recommendations on holding anticoagulants. Consider holding Plavix for 5-7 days, Xarelto and Eliquis for 2 days, INR<=1.5</u>

	Anti hypertensives except ACE Inhibitors, ARBs and Diuretics	Amlodipine, Coreg, Metoprolol,...	Patient to continue the medicine until the morning of surgery
	ACE Inhibitors	Lisinopril, Vasotec, Zestril,...	BMP (focus on Potassium and BUN)
			<u>Hold the AM dose</u>
	ARBs	Losartan, Benicar, Cozaar, Diovan,...	BMP (focus on Potassium and BUN)
			<u>Hold the AM dose</u>
	Diuretics	Lasix, HCTZ, Spironolactone,...	BMP (focus on Potassium and BUN)
			<u>Hold the AM dose</u>
	Digoxin		BMP (focus on Potassium and BUN), Digoxin Level, EKG
			Patient to continue the medicine until the morning of surgery
	Cardiac Drugs	Beta blockers, Calcium channel blockers	Patient to continue the medicine until the morning of surgery
	Asthma/COPD drugs	Inhalers, Advair, Symbicort,...	Patient to continue the medicine until the morning of surgery
	<u>Newer Treatments for Diabetes</u>	SGLT2 Inhibitors	Empagliflozin, Dapagliflozin, Canagliflozin, Bexagliflozin to be held for <u>3 days</u>
			Ertugliflozin to be held <u>4 days</u>
		GLP-1 receptor agonists / dual GLP/GIP receptor agonists (<u>Daily dose</u>)	Liraglutide, Lixisenatide, <u>oral Semaglutide (Rybelsus)</u> hold the AM Dose
		GLP-1 receptor agonists / dual GLP/GIP receptor agonists (<u>Weekly dose</u>)	Exenatide (extended release), <u>injectable Semaglutide (Ozempic)</u> , <u>Dulaglutide (Trulicity)</u> , Tirzepatide hold for 1 week.
	Other oral hypoglycemics and short acting Insulin	Metformin, Glimepiride, Humalog...	<u>Hold the AM dose</u>
	Seizure and other neurologic medications (Myesthenia Gravis, Parkinson, Alzheimer's disease, except MAOI)	Keppra, Carbamazepine, Dilantin, Levodopa...	Patient to continue the medicine until the morning of surgery
	Psychiatric medications except MAO Inhibitors	Medications for Anxiety, Deporession, Mood disorders	Patient to continue the medicine until the morning of surgery

	MAOI	Rasagiline, Safinamide (Xadago), Phenelzine, Selegiline (Emsam), Tranylcypromine and Isocarboxazid (Marplan)	Hold <u>2 weeks</u> prior to surgery
	Treatment for ADHD	Adderall XR (Amphetamine), Concerta (Methylphenidate), Dexedrine (Amphetamine), Evekeo (Amphetamine) and Ritalin (Methylphenidate)	Hold <u>2 days</u> prior to surgery
	Treatment for erectile dysfunction	Sildenafil (Viagra), Vardenafil (Levitra, Staxyn), Tadalafil (Cialis) and Avanafil (Stendra)	Hold 2 days prior to surgery (no need to hold if drugs are used for treatment of pulmonary hypertension)

Surgeries	Cardiac and Vascular Surgeries	Except for AV fistula creation, Thrombectomy, Vein Stripping	CBC, BMP, PT/PTT, Type and Screen, EKG, CXR, Echo, Cardiac Clearance, ± Stress test
	Major Surgeries	Thoracotomy, Craniotomy, Spine surgery, Total Joint, Liver or Pancreas resection, Gastrectomy, Colectomy,...	CBC, BMP, PT/PTT, Type and Screen, EKG, CXR
		Any surgery with potential for significant bleeding	CBC, PT/PTT, ± Type and Screen