

Preanesthesia Evaluation Guidelines

Diseases	Healthy	11 < Female < 55 yrs old	Pregnancy Test
		Male or Female over 55 years old	EKG, CXR
	Obesity	Morbid Obesity: BMI > 40	BMP, EKG, CXR
	Respiratory Diseases	Obstructive Sleep Apnea	Patient to bring CPAP / BiPAP Machine for possible PACU use
		Heavy Smoking (>20 Pack Year), COPD	CXR, EKG
		Significant Disease and Major Surgery	Medical/Pulmonary Clearance
	Cardiac Diseases	Long-lasting or uncontrolled Hypertension	BMP, EKG, CXR
		CHF, Cardiomyopathy, Angina, MI, history of CABG, Valvular disease, Significant Arrhythmias	CBC, BMP, PT/PTT, EKG, CXR, Echo, Cardiac Clearance, ± Mg
		Pacemaker or AICD	Interrogation within 3 months of elective procedure requiring electrocautery. Patient to carry a copy of wallet card on the day of procedure.
	Renal Diseases	ESRD, Acute or Chronic Renal Failure	CBC, BMP (focus on Potassium), PT/PTT, EKG, CXR, Medical Clearance, 12 hrs < Last Dialysis ideally < 48 hrs
			Normal Saline for IV Fluid
	Hepatic Diseases	Cirrhosis	CBC, BMP, LFT, PT/PTT, EKG, CXR, ± Medical Clearance,
Alcohol Abuse, Hepatitis C		Normal Saline for IV Fluid	
Endocrine Disease	Diabetes Mellitus, Pre Diabetes	Recent Fingerstick Glucose	
	Long-lasting or uncontrolled Diabetes	BMP, EKG, CXR	
Hematologic Disorders	Coagulations Disorders, Anemia	CBC, PT/PTT	
	Significant Disease and Major Surgery	Medical/Hematology Clearance	

Surgeries	Cardiac and Vascular Surgeries	Except for AV fistula creation, Thrombectomy, Vein Stripping	CBC, BMP, PT/PTT, Type and Screen, EKG, CXR, Echo, Cardiac Clearance, ± Stress test
	Major Surgeries	Thoracotomy, Craniotomy, Spine surgery, Total Joint, Liver or Pancreas resection, Gastrectomy, Colectomy,...	CBC, BMP, PT/PTT, Type and Screen, EKG, CXR
		Any surgery with potential for significant bleeding	CBC, PT/PTT, ± Type and Screen

