



VALLEY PRESBYTERIAN  
HOSPITAL

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## **2025-2027 Implementation Strategy**

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Approved by the Board of Directors on  
April 29, 2025

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## Introduction

Valley Presbyterian Hospital is a 350-bed, community-based, acute-care hospital in Van Nuys, California. Valley Presbyterian Hospital opened in 1958 and now serves thousands of individuals and families each year and offers a full range of health care services in the San Fernando Valley.

## Service Area

Valley Presbyterian Hospital (VPH) is located at 15107 Vanowen Street, Van Nuys, California 91405. The hospital's primary service area includes 15 ZIP Codes in 9 cities. The service area is located in Los Angeles City Council District 6 and Service Planning Area (SPA) 2. The hospital service area is detailed below by community and ZIP Code and was determined from the ZIP Codes that reflect a majority of patient admissions.

**Valley Presbyterian Hospital Service Area**

Geographic Area	ZIP Code
Canoga Park	91304
North Hills	91343
North Hollywood	91601, 91605, 91606
Pacoima	91331
Reseda	91335
Sun Valley	91352
Sylmar	91342
Van Nuys	91401, 91402, 91405, 91406, 91411
Winnetka	91306

## 2024 Community Health Needs Assessment

In 2024, Valley Presbyterian Hospital (VPH) conducted a Community Health Needs Assessment (CHNA) to comply with federal and state regulations guiding tax-exempt hospitals. The CHNA and Implementation Strategy are posted on the hospital website and can be accessed at <https://www.valleypres.org/community/community-benefit/>. Public comment on the CHNA and Implementation Strategy are encouraged and community input informed this work.

The Community Health Needs Assessment incorporated demographic and health data for the communities served by the hospital. Significant health needs were identified from secondary data sources, key informant interviews, and a community survey. Health indicators were considered high-risk health needs when they exceeded benchmark data, specifically county or state rates or Healthy People 2030 objectives.

The following significant needs were identified:

- Access to Care
- Birth Indicators
- Chronic Disease
- Economic Insecurity
- Environmental Health (pollution, air and water quality)
- Housing and Homelessness
- Mental Health
- Overweight and Obesity
- Preventive Practices (health education, screenings, vaccines)
- Substance Use and Misuse

A complete description of these health needs can be found in the 2024 CHNA report.

### **Significant Health Needs the Hospital will Address**

To obtain input on the priority needs the hospital will address, VPH conducted stakeholder interviews and community resident surveys, and met with internal stakeholders.

VPH will address the following health needs through a commitment of community benefit programs and charitable resources.

- Access to care (including preventive care)
- Chronic disease
- Mental health
- Overweight and obesity
- Housing and Homelessness
- Substance use

This Implementation Strategy describes how VPH plans to address significant health needs identified in the 2024 Community Health Needs Assessment. For each significant health need that the hospital plans to address, the strategy describes: actions the hospital intends to take, including programs and resources it plans to commit; anticipated impacts of these actions; and planned collaboration between the hospital and other organizations.

Goals have been established that indicate the anticipated impact on these health needs as a result of the resources the hospital will commit to meeting the health needs. Strategies to address the priority health needs are identified and impact measures will be tracked.

## **ACCESS TO CARE**

### **Goal**

Increase access to health care and improve community health through preventive practices.

### **Strategies**

The hospital intends to address access to health care by taking the following actions:

1. Provide financial assistance for health care services consistent with VPH's financial assistance policy. In addition to offering financial assistance, the hospital will host enrollment campaigns and assist patients in determining eligibility and enrolling in low or no cost insurance programs, including Covered CA.
2. Provide transportation to health care services at the hospital and local community health centers to support to area residents who experience lack of transportation as a barrier to access health care services.
3. Administer the VPH community grants program in partnership with established community organizations to implement programs that increase access to care and improve preventive practices for vulnerable populations.
4. Provide free health screenings targeted for the uninsured. Provide follow-up for individuals with abnormal screening results, linking them to community resources to manage their health issues.
5. Provide flu vaccines to the medically underserved.

### **Impact**

The anticipated impact of these actions will be to:

- Increase availability and access to health care and preventive care services.
- Provide financial assistance to qualified patients.
- Reduce the percentage of residents who delay obtaining needed preventive screenings and vaccines.
- Aid access to health care services by providing transportation assistance.
- Provide community free community education classes
- Assist with health coverage enrollment navigation

### **Collaboration**

To address access to care, VPH plans to collaborate with several community health clinics and nonprofit organizations that serve residents within VPH's service area. VPH may collaborate with:

- ButterFLi (on-demand assisted transportation)
- Community-based organizations

- Family Management Organizations (FMO)
- Federally Qualified Health Centers
- L.A. Care Health Plan Community Center
- African American Infant and Maternal Mortality Initiative
- Local Health Plans
- Every Women Counts

## **CHRONIC DISEASES**

### **Goal**

Reduce the impact of chronic diseases on health and increase focus on prevention, education and treatment.

### **Strategies**

The hospital intends to address chronic diseases by taking the following actions:

1. Provide screenings for chronic diseases.
2. Provide education on diabetes prevention and treatment, including a focus on healthy eating and physical activity.
3. Establish partnerships and programs with local schools and community clinics to focus on chronic disease prevention.
4. Continue the VPH community grants program in partnership with established community organizations to implement programs that focus on chronic disease interventions.

### **Impact**

The anticipated impact of these actions will be to:

- Increase the early diagnosis of pre-diabetes and diabetes.
- Improve linkages with services for treatment of chronic diseases.
- Increase public awareness of chronic disease prevention and early signs of disease
- Increase individuals' compliance with disease prevention recommendations.

### **Collaboration**

To address chronic diseases, including diabetes, VPH may collaborate with:

- American Diabetes Association/ American Heart Association
- Federally Qualified Health Centers
- Local Schools
- Senior centers
- YMCA

## **MENTAL HEALTH**

### **Goal**

Increase access to mental health resources and services.

### **Strategies**

The hospital intends to address mental health by taking the following actions:

1. Provide support to community-based programs who provide health education on mental health topics.
2. Continue the VPH community grants program in partnership with established community organizations to implement programs that increase access to mental health care services for underserved populations.
3. Provide access to mental health care services through telemedicine services that reduce geographic barriers to care.
4. Provide access to needed psychiatric care hospitalizations for low-income patients.

### **Impact**

The anticipated impact of these actions will be to:

- Increase access to mental health resources and services.
- Increase public awareness of mental health resources.
- Build community capacity to address mental health issues.
- Identify opportunities to support multimodal interventions.

### **Collaboration**

To address mental health, VPH may collaborate with:

- Child Development Institute
- Community-based organizations
- El Centro de Amistad
- Federally Qualified Health Centers
- NAMI
- San Fernando Valley Community Mental Health Center
- Tarzana Treatment Centers

## **OVERWEIGHT AND OBESITY**

### **Goal**

Reduce overweight and obesity through a focus on healthy eating and physical activity.

### **Strategies**

The hospital intends to address overweight and obesity by taking the following actions:

1. Provide community exercise programs and exercise kits.
2. Support distribution of fresh produce in the community.
3. Continue the VPH community grants program in partnership with established community organizations to implement programs that address food insecurity and decrease overweight and obesity in the community.

### **Impact**

The anticipated impact of these actions will be to:

- Increase access to healthy eating and physical activity opportunities.
- Improve access to fresh produce and healthy foods.
- Increase public awareness about the benefit of reducing overweight and obesity.

### **Collaboration**

To address overweight and obesity, VPH may collaborate with:

- Boys & Girls Club
- LA Food Bank
- Meals in Motion
- MEND
- Mid-Valley YMCA
- North Valley Caring Services

## **HOUSING AND HOMELESSNESS**

### **Goal**

Increase access to housing and homelessness resources and services.

### **Strategies**

The hospital intends to address housing and homelessness by taking the following actions:

- Collaboratively address housing and homelessness issues through shared resources.
- Continue the VPH community grants program in partnership with established community organizations to implement programs that focus on housing and homelessness interventions.
- Assist with linking homeless patients to external community resources

### **Impact**

The anticipated impact of these actions will be to:

- Increase partnerships to address housing and homelessness issues.
- Facilitate transportation to local community homeless service centers
- Improve linkages with services for housing and homelessness.



## **Collaboration**

To address housing and homelessness, VPH will collaborate with:

- Community-based organizations
- San Fernando Valley/Santa Clarita Mental Health Coalition
- Transitional Housing
- Recuperative Care
- Local shelters

## **SUBSTANCE USE**

### **Goal**

Increase access to substance use prevention resources and services.

### **Strategies**

The hospital intends to address substance use by taking the following actions:

1. Provide support to community-based programs who provide health education on substance use prevention topics.
2. Continue the VPH community grants program in partnership with established community organizations to implement programs that increase access to substance use services for underserved populations.
3. Provide access to substance use services.

### **Impact**

The anticipated impact of these actions will be to:

- Increase access to substance use prevention and treatment services.
- Increase public awareness of substance use resources.

## **Collaboration**

To address substance use, VPH may collaborate with:

- Community organizations
- Federally Qualified Health Centers
- Tarzana Treatment Center
- National Council on Alcoholism and Drug Dependence of the San Fernando Valley
- Pueblo Y Salud
- Phoenix House

## **Evaluation of Impact**

VPH will monitor and evaluate the programs and activities outlined above. The hospital has implemented a system that tracks the implementation of the strategies and documents the anticipated impact. The VPH reporting process includes the collection and documentation of tracking measures, such as the number of people reached or served, increases in knowledge or changes in behavior as a result of community programs, and collaborative efforts to address health needs. An evaluation of the impact of the hospital's actions to address these significant health needs will be reported in the next scheduled Community Health Needs Assessment.

## **Needs the Hospital will Not Address**

Taking existing hospital and community resources into consideration, VPH will not directly address the remaining health needs identified in the CHNA including birth indicators, economic insecurity, and environmental health. Since VPH cannot address all the health needs present in the community, it will concentrate on those health needs that it can most effectively address given areas of focus and expertise. These other health needs will be addressed through partnerships with and referrals to community-based organizations.

The Valley Presbyterian Hospital Board of Directors reviewed and approved this Implementation Strategy April 29, 2025.