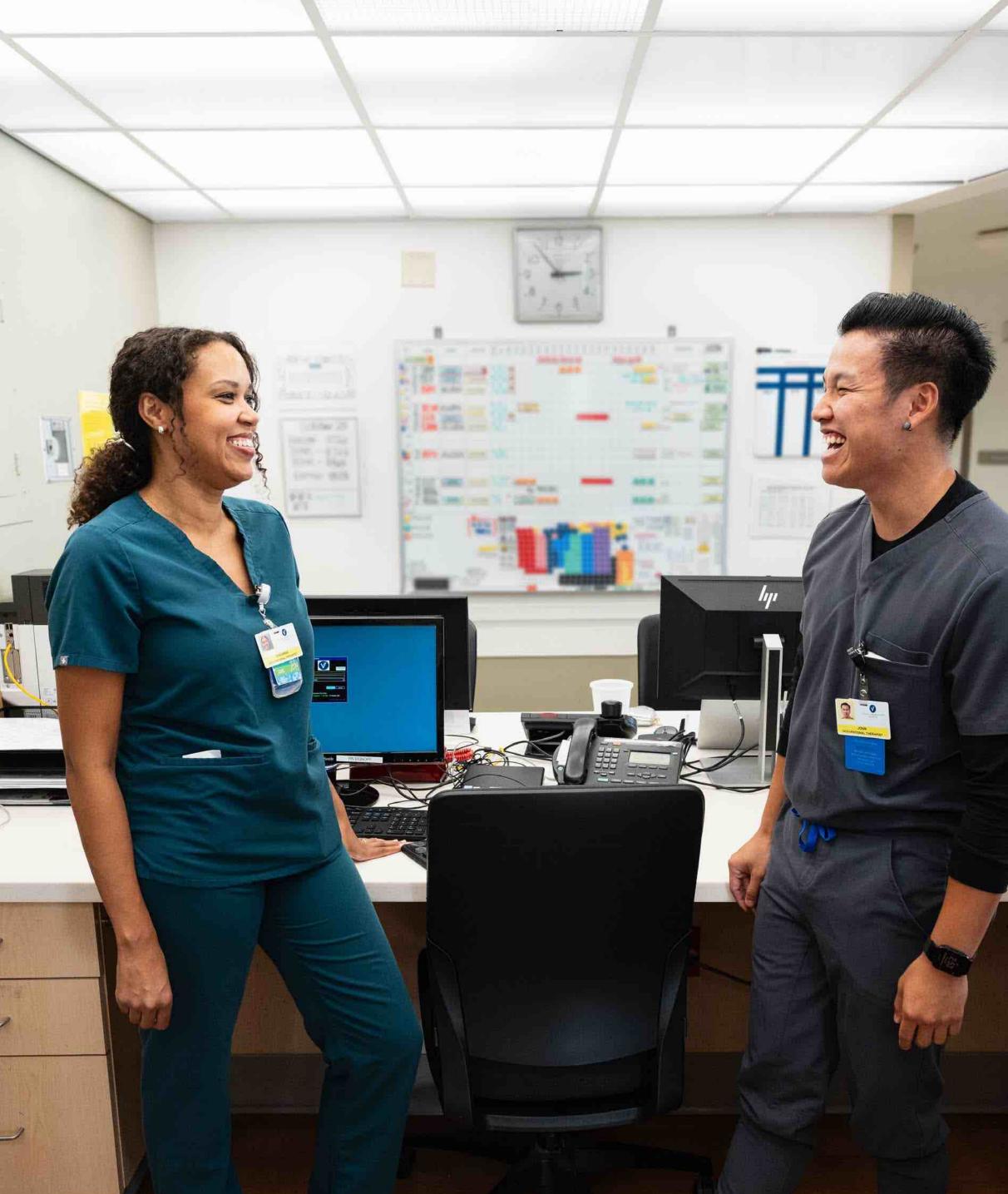




# ANNUAL REPORT 2023 STRONG TO THE CORE

A fresh look. A refined set of values.

2023 began with a new look for the hospital in a brand mark and visual system more fitting of who we are today. But the change was not solely cosmetic, as we also simplified our core values from many to just 3: treat with respect, help one another and get better, every day. Together, these changes were the culmination of a significant behind-the-scenes effort to declutter and simplify our physical spaces, our processes, and our objectives for the sake of clarity and understanding. Better still, the combined benefit of clarity through simplification and focus along with a renewed sense of purpose had a direct impact on employee and patient satisfaction which has been measurably significant, trends we hope to continue for years to come.







To our community,

The past year marked a period of transformation and renewal at our hospital. As we embraced a refreshed logo and visual system and a refined and more contemporary set of core values, we put ourselves in the best position to focus on what truly matters: treating with respect, helping one another, and getting better every day.

This process of simplification and clarification was in many ways a necessary and natural evolution that allowed us to apply the lessons learned during the pandemic and drive harder toward regaining a sustainable and consistent level of performance.

As we help one another, employee satisfaction is on the rise. As we treat with respect, patient satisfaction is on the rise. And as we get better every day in improving the quality and safety of care, outcomes are improving and the health of our organization continues to improve. Together, these efforts are vital components in achieving our mission to be an asset to our community.

Together, we will continue to thrive and serve with unwavering dedication.

Warm regards,

Kalpesh Patel, MD

Chief of Staff

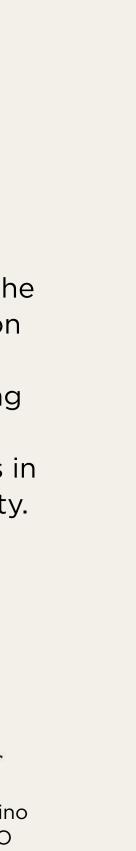
Freyong & Kay

Gregory L. Kay, MD Chairman of the Board

AVal

Gustavo Valdespino President & CEO

VPH 2023 ANNUAL REPORT 03





## OUR SERVICES

#### Acute Rehabilitation Services

We provide patients with acute rehabilitation needs with an interdisciplinary team that delivers holistic, patientcentered care. Led by a board-certified physical medicine and rehab physician, the team includes 24-hr on-call nurses, physical therapists, a neuropsychologist, and a broad range of specialists.

### Children's Services

We provide compassionate and specialized pediatric care including a neonatal intensive care unit (NICU) Level III, a pediatric intensive care unit (PICU) and a designated Pediatric Medical Center. Each member of our pediatric care team shares a family-centered approach to providing the treatment and support needed for positive outcomes. We are equipped to serve the individual health care needs of children from newborn to age 18.

### **Emergency Services**

With several designations, our emergency services continues to demonstrate our commitment to excellent care. As a certified cardiac receiving center for heart attack patients, our specialists collaborate to provide critical care within 90 minutes of the onset of chest pain. In addition, our facility is a certified Primary Stroke Center. We have a dedicated stroke-focused program staffed by qualified, specially trained medical professionals who use advanced technologies to act quickly and save lives. Our Emergency Department is also designated as an Emergency Department Approved for Pediatrics, with expedited and specialized care for pediatric patients.

#### Heart & Vascular Services

We offer a full range of cardiac services to quickly and accurately diagnose and treat patients suffering from critical heart and vascular conditions. An expert, multidisciplinary medical team is dedicated to acting quickly and saving patients' lives.

#### Maternity Services

Our Maternity Services Department delivers over 2000 babies per year in the San Fernando Valley. We offer a family-centered approach and are dedicated to providing comfort and support through the journey of pregnancy, birth and early parenthood.

#### **Outpatient Services**

We offer many outpatient services through our general and gastrointestinal laboratories, Radiology/Imaging Department and therapy programs, including occupational, physical, respiratory and nuclear medicine.

### Surgery Services

We provide a broad range of surgical services representing a wide array of specialty areas. Our physicians and surgical services staff have the tools and advanced technology they need to perform a full range of surgical procedures and to deliver the highest quality of care.

#### Wound Services

In our Center for Wound Healing, our disciplinary approach brings together expertise of vascular and pediatric surgeons and other specialized support professionals in a state-of-the-art setting. For chronic wounds that have not benefited from traditional methods, our treatments include advanced diagnostic testing, debridement, advanced wound-dressing technology, negative pressure therapy and many others.

## From volunteer to staff

Lesly Ghiglino started as a volunteer in 2009 while attending CSULA. Lesly was always passionate about the healthcare environment and following this career path. Those in 4 West who she worked with found her to be caring and extremely helpful, rounding on patients and giving out water and other supplies. Then, after completing and receiving her RN degree, Lesly completed a new grad program, and was subsequently hired as a nurse in Telemetry here at VPH. But Lesly wasn't done there. She became a nursing supervisor and continued to go to school. Now, Lesly is one of our Nurse Practitioner/Hospitalist and in addition to her technical skills, she also brings bilingual capability and a deep compassion for her patients. It's a full circle journey, from growing up in this community, contributing as a volunteer and then coming back to care for others in the community. We are so proud of this home-grown talent!



Photo, from left: Lesly Ghiglino and Virginia Rivero Napoles, Director of Volunteer Services

"I grew up in the San Fernando Valley and now to be working at VPH after volunteering here and helping my community is so deeply rewarding."

- Lesly Ghiglino, Nurse Practitioner/Hospitalist





## COMMUNITY BENEFIT



\$3,908,738 Charity Care

### \$8,468,647.77

Direct Community Support

69,919 People Impacted



907 Participants who attended our community classes



92% Of mothers who are part of the First 5 LA's Welcome Baby Program breastfed their infants in the hospital.

### **Community Partners**

African American Infant Maternal Mortality Coalition Alzheimer's Association American Heart Association Barlow Breastfeed LA Child Development Institute Children's Dental Clinic Clinica Romero Columbus Elementary School Comprehensive Community Health Centers Eisner Health Centers El Centro de Amistad Eyes of a Mother Fit 4 the Cause Greater San Fernando Valley Chamber Hope of the Valley Kidney Quest Foundation LA Care Community Resource Center LA Food Bank Leukemia & Lymphoma Society Meals in Motion MEND Mid Valley YMCA Mindful Veteran Project NEV Best Start NEW Economics for Women North Valley Caring Services Northeast Valley Healthcare Corporation OneGeneration Ovarian Cancer Coalition of Greater California Pacoima Charter Elementary Partners in Care Foundation

Power of Sight Foundation San Fernando Valley Breast Cancer Foundation San Fernando Valley Community Mental Health Center San Fernando Valley Rescue Mission Serra Medical Clinic Southern CA Medical Group Tarzana Treatment Center The Orphan Project Tia Chucha's Cultural Center Tierra Del Sol Valley Community Care Consortium Valley Community Healthcare Valley Cultural Arts Foundation Valley Economic Alliance Valley Family Center Valley Village Vida Mobile Vision y Compromiso West Valley YMCA Compassion in Action In Fiscal Year 2023, 140 VPH employees performed over 100 community volunteer hours through 27 community agencies and activities. Some examples of activities include health screenings, food distribution, meal delivery, feeding the homeless, and donating toys and school supplies.



## Helping our community eat healthier

Young people come to the hospital for all kinds of reasons. From broken bones to flu shots to cooking classes. Yes, that's right, cooking classes. That's because at VPH, our commitment to our community includes supporting charitable organizations that make an impact in our neighborhoods like Meals in Motion. Fighting food insecurity, Meals in Motion led by Chef Nicholas Doran educates on healthy food choices, budgeting and food safety including providing hands-on cooking classes to underserved communities.

Two such young men are Ethan and Lars Ruelas. They have both participated in the culinary classes taught by Meals in Motion and hosted here at VPH. Besides being exposed to new ingredients, they have learned how to prepare them in new recipes that are delicious, healthy and wallet-friendly.

"It's rewarding to be a part of the next generation of our community learning new skills, like cooking, that will help them and their families live healthier and bond together while cooking."

- Gilbert Podesta, Director of Business Development

Their mother, Jennifer Ruelas, is pleased that her sons have the opportunity to learn new skills that benefit their whole family. And for Ethan, his experience has sparked an interest to pursue culinary training at his high school and perhaps beyond!

Photo, from left: Ethan, Jennifer and Lars Ruelas, Gilbert Podesta



## DONOR COMMUNITY

#### President's Circle

Bronze: \$5,000-\$19,999 Gustavo and Rini Sultant-Valdespino

#### Friends of the President's Circle: \$1,000-\$4,999

Alex Guerrero Beth & Jim Zachary Dan Chandler Ellen G. Riley James Pietsch Jeff Horn Lori Cardle Mary Beth Walker Montoria Watley Tony & Miriam Evans Tyrone Waller

### Physician Circle

Gold: \$10,000 and above Muhammad Anwar, MD

#### Silver: \$2,000-\$9,999

Bolatito Abe, MD Peter J. Koetters, MD Shahram Farahvash, MD Thomas Lomis, MD

#### Bronze: \$500 - \$1,999

Brian and Amy Ostick, MD Diego Mechoso, MD Hannah Grossman, MD Kevin Rice. MD Liva Yates Gritton. MD

#### Corporate Circle

### Gold: \$10,000 and above

Dume Wolverine Foundation Pacific Healthworks Payden & Rygel Investment Management Preferred IPA of California Preferred Partners Insurance Agency

#### Silver: \$5,000 - \$9,999

Anthem, Inc. **Barlow Respiratory Hospital** Cedars-Sinai Medical Center Clumeck Stern Schenkelberg & Getzoff Community Family Care, IPA Geva Construction, Inc. LA Care Health Plan LifePoint Rehab, LLC. Lockton Insurance Brokers, LLC. MedPOINT Management RBB Architects, Inc. Seyfarth Shaw LLP Wesely-Thomas Enterprises, Inc.

#### Bronze: \$1,000 - \$4999

Clear Water Security CloudWave Dummit, Buchholz & Trapp Eisner Health Elevance Health, Inc. Fidelity Charitable First Med Ambulance Services. Inc. Heritage Provider Network / Regal Medical Group Hooper, Lundy & Bookman, P.C. Interstate Rehabilitation Services Joe's Auto Parks LifePoint Rehab, LLC. Marvel Path Morgan & Leahy Nordic Global Consulting

**NWN** Carousle P & H Metal Products R.A. Fisher RxBenefits SoCal Spine, Inc. Steinberg Law The Henenhan Company Wells Fargo Foundation Western Drug Medical Supply

#### Grants

Littler Mendelson Foundation. Inc. Mutual of America Foundation Weingart Foundation

### **Goal Getters**

We believe our 1,700 employees are our greatest assets, and we are grateful to have more than 800 who generously give back to the hospital through our Goal Getters employee giving program. Collectively, these dedicated employees represent one of the hospital's largest donors. Through the financial support of our Goal Getters program, the hospital has funded equipment and programs that make a difference in the health and well-being of the patients we serve.

## FINANCIALS

The following data presents financial, operational and utilization statistics over a 12-month period, ending with December 31, 2023.

### 2023 Use of Funds



56.3% Salaries, Wages & Benefits \$196,573,142



23.4% Controllable Expenses \$81,862,674



13.2% Supplies \$46,230,858





.4% Insurance, Tax & Licenses \$4,940,976



Bad Debt/Charity

\$6,817,999



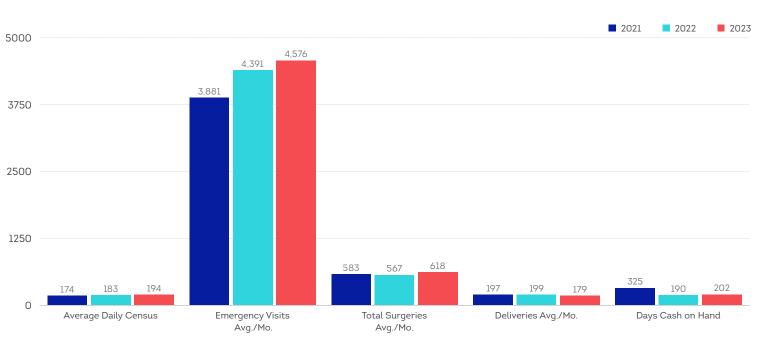
0.0% Interest \$102

3.7%

Depreciation









## A child in vital need

When a small child under the age of two was brought into our ED by his parents, the situation appeared unremarkable. The stated reason for the visit was for "swelling of the leg." The parents thought this might be a reaction to something, possibly from a vaccination.

After initial imaging results identified a fracture of the leg, the team began to think that things just did not add up in this case. Both Dr. Jason Greenspan and Emergency Department nurses Elizabeth Balian and Katherine Canas had that uncomfortable feeling that something was not right. They called in Dr. Peter Koetters for consultation. A full body scan was then ordered, and it revealed that the child had multiple fractures in varying stages of healing.

As is customary in these cases, Social Services was consulted, and Lead Social Worker Sossy Agopian worked with the family and Child Protective Services. Because of the extent of the injuries, the child was transferred to another facility for a higher level of care. It was later relayed from the other facility that even more injuries were identified and that the actions of our team likely saved the young patient's life.

The parents have been removed from the picture and the child is safe and healing.

We are proud of all those involved in the care and protection of this patient. The ability to apply experience with compassion undoubtedly saved this child's life and spared him further pain and suffering. In his vital moment of need, the VPH family made a difference!

Photo, from left: Dr. Jason Greenspan, Dr. Peter Koetters, Elizabeth Balian, RN



"Something just didn't add up and though it was a delicate situation, we knew we had to investigate and help protect this child." - Elizabeth Balian, RN





Greg Kay, MD, Chairman of the Board

Beth Zachary Vice Chair of the Board

David Fleming Chairman Emeritus, Special Advisor

Luca Jacobellis Secretary of the Board

Bolatito Abe, MD Medical Staff's Secretary/Treasurer

Kalpesh Patel, MD Medical Staff's Chief of Staff

Alex Guerrero Brian Ostick, MD

Dan Chandler

Ellen Riley

Keven Steinberg, Esq.

Liva Yates-Gritton, MD

Mary Beth Walker, PhD

Peter Koetters, MD

Sanjay Vadgama, MD

Gustavo Valdespino **President & Chief Executive Officer** 

Lori Cardle Executive Vice President & Chief Operating Officer

Charles Orlando Senior Vice President & Chief Financial Officer

Hannah Grossman, MD Senior Vice President & Chief Medical Officer

Lori Burnell, RN, PhD., NEA-BC Senior Vice President & Chief Nursing Officer

Tanzaneka Buckor Interim Chief Nursing Officer

Tamala Choma, Esq. MS CCC-SLP Vice President & General Counsel

Tony Evans Vice President & Chief Information Officer

Diana Milan-Finley Associate Administrator, Operations Support Services

Todd Connelly Associate Administrator, Human Resources

Lisa Allen Interim Vice President, Human Resources

## LEADERSHIP

#### Officers

Kalpesh Patel, MD Chief of Staff

Bolatito Abe, MD Vice Chief of Staff

Brian Ostick, MD Immediate-Past Chief of Staff

#### Department Chairs

Nicholas Borm, MD **Emergency Medical Services** 

Shahram Farahvash, MD Anesthesiology

Julianne Harrison, DO Pediatrics

Sanket Kunde, MD Medicine

Michael Legmann, MD Pathology

Farshad Malekhmehr, MD Surgery

Marcelo Spector, MD Radiology

Sanaz Tafti, MD Obstetrics and Gynecology

Georges Tanbe, MD Cardiology

#### Members-at-Large

Nellie Ekmekjian, MD Nima Rabbani, DO Heather Shenkman, MD Sanjay Vadgama, MD