

# **BEING VITAL.**

**2017 ANNUAL REPORT** 

VALLEY PRESBYTERIAN HOSPITAL Excellence in all we do

## **AN ASSET FOR OUR COMMUNITY.**

For generations, San Fernando Valley residents have trusted Valley Presbyterian Hospital to provide excellent treatment. Now more than ever, we find ourselves the recipients of that trust. In 2017, our 60th year serving our community, more than 70,000 patients relied on our Emergency Department — an energetic pace of almost 200 patients each day. As our independent, nonprofit hospital grows to meet this increasing demand, our steadfast goal is to improve care both in terms of access and quality. Moreover, we must remain a vital and enduring community asset for generations to come.

How will we remain vital to this community? We will stay focused on three important pillars:

Deliver appropriate health services our community needs. While keeping step with the ongoing global changes in healthcare, we must look at a more local level to understand how best to prioritize our actions. Careful attention to patient feedback as well as to community trends will give rise to correct choices, responsible spending, impactful service, and positive outcomes for our patients.

Help patients manage their health with better access to medical care. Outreach programs including educational classes, free transportation and awareness initiatives are expanding helping to close the gaps between our community and the healthcare they need.

Understand and respect our community. We work hard to understand and adapt to diverse languages and cultures so our community feels welcome and secure every time they partner with us for their care. Respect for our community also means being a good employer of its people, a good partner to its businesses, and a good neighbor to all.

While an Annual Report is filled with lists of statistics, our mission cannot be understood through the hard metrics of our business. Fundamentally, our unwavering goal is to provide excellent healthcare. We strive to be compassionate stewards of this remarkable hospital. We hope you see in the stories told here by grateful patients and families that the care with which our employees and physicians go about their duties best demonstrates the pillars above, and reminds us all of the power we each have to make a great impact and maintain permanence in our community.

Best regards,

Peter J. Koetters, MD Chief of Staff

Gregory L. Kay, MD

Chairman of the Board

Gustavo Valdespino President & CEO

## **PROVIDING SERVICES OUR CO MMUNITY NEEDS MOST.**



#### Acute Rehabilitation Services

We provide patients with acute rehabilitation needs with an interdisciplinary team that delivers holistic, patient-centered care. Led by a board-certified physical medicine and rehab physician, the team includes 24-hr on-call nurses, physical therapists, a neuropsychologist, and a broad range of specialists.



#### Hepatobiliary & Pancreas Center

Our state-of-the-art center provides treatments to address a wide range of liver, bile duct and pancreas disorders. We offer a highly specialized program to address the needs of patients with such rare and complex disorders.



#### Heart & Vascular Services

We offer a full range of cardiac services to quickly and accurately diagnose and treat patients suffering from critical heart and vascular conditions. An expert, multidisciplinary medical team is dedicated to acting quickly and saving patients' lives.



#### **Amputation Prevention Center**

Our center is one of the few facilities nationwide that brings together the interdisciplinary expertise of vascular and podiatric surgeons with limb-salvage and woundmanagement specialists in a state-of-the-art setting.

Children's Services

We provide compassionate

and specialized pediatric care.

Each member of our pediatric

and family-centered approach,

outcomes. We are equipped to

serve the individual health care

needs of children from newborn

providing the treatment and

support needed for positive

to age 18.

care team shares a patient-



#### Emergency Services

This department has earned several designations that demonstrate our commitment to excellent care. As a certified cardiac receiving center for heart attack patients, our specialists collaborate to provide critical care within 90 minutes of the onset of chest pain. In addition, our facility is a certified Primary Stroke Center. We have a dedicated stroke-focused program staffed by qualified, specially trained medical professionals who use advanced technologies to act quickly and save lives. Our Emergency Department is also designated as an Emergency Department Approved for Pediatrics, with expedited and specialized care for pediatric patients.



#### Maternity Services

Our Maternity Services Department delivers more babies than any other hospital in the San Fernando Valley. We offer a family-centered approach and are dedicated to providing comfort and support through the journey of pregnancy, birth and early parenthood.



#### **Outpatient Services**

We offer many outpatient services through our general and gastrointestinal laboratories, Radiology/Imaging Department and therapy programs, including occupational, physical, respiratory and nuclear medicine.







#### Surgery Services

We provide a broad range of surgical services representing a wide array of specialty areas. Our physicians and surgical services staff have the tools and advanced technology they need to perform a full range of surgical procedures and to deliver the highest quality of care.



#### Valley Hip & Knee Institute

We specialize in the latest joint replacement techniques and minimally invasive procedures, helping patients to regain their mobility and resume the activities they love. Together with a dedicated care team, our orthopedic specialists quickly get patients back on their feet.



#### Wound & Hyperbaric Center

Our expert, multidisciplinary wound care team is dedicated to helping chronic wounds heal where traditional methods have failed. Treatments include advanced diagnostic testing, debridement, advanced wound-dressing technology, negative pressure therapy and many other techniques and technologies.

## GOING THE EXTRA MILE FOR OUR PATIENTS.



#### DAISY AWARD

This year, Christopher Ebre, BSN, RN, (pictured above) earned a national recognition with a prestigious DAISY Award nomination for making a notable difference to a patient.

"I have been coming to this hospital for many years due to my illness and Chris has always been there to provide extraordinary care and moral support. Whenever I am feeling down, he has been there to encourage me to keep on fighting, because I need to be there for my children. In my worst moments, Chris has been able to provide care and words of wisdom to help me through the most difficult times. He helped me feel better about the situation and myself. He puts a smile on my face before he leaves the room. They say that laughter is the best medicine and Chris has always been able to make me laugh, even when I was feeling doom and there was no hope left. He did not let me go down, he taught me to keep on swinging."

- Grateful VPH Patient

#### SERVICE EXCELLENCE AWARD

Irma Ramos de Rayas (pictured below) from Environmental Services earned two nominations for our Service Excellence Award. Here's what her coworkers said about her:

"It is a pleasure to work and collaborate with Irma. Irma is always extremely gracious and able to assist with last-minute requests for a variety of events that affect communityplanned events or to help meet patients' immediate needs. She is a team player. You see Irma zooming through the halls to immediately assist and always with a smile. Irma is always displaying respect and dignity to everyone she encounters."

"Irma is an employee with a very good, positive attitude at work, she has great work habits and is always willing to help the department and the hospital with anything that might be needed. A true team player."

#### JOSIE KING AWARD

Jose Yson, RN (pictured at right) is our first Josie King Foundation Hero Award Honoree at VPH.

Jose Yson was the charge nurse on shift assisting the primary nurse to care for a patient. They noticed that the patient was short of breath and had low oxygen saturation despite receiving oxygen and other treatments. They immediately notified the ER physician and Jose discussed the situation regarding the patient's symptoms and suggested the patient might have a pulmonary embolism.



The patient responded to treatment and received further care as an admission to the hospital, and was later discharged home. Because Jose had quickly recognized the signs and symptoms of this potentially fatal complication, the patient had a good outcome.

Upon reassessment of the patient the physician agreed to order additional imaging, which located a large pulmonary embolism and spurred immediate treatment in the ER.

## **BUILDING STRONG AND LAST ING CONNECTIONS.**

### **Community Benefit**

Each year, Valley Presbyterian Hospital contributes to the community in many ways.



### Health Fair - October 14, 2017

1,102 Total attendees



200 Children attended a community education activity

170 Hospital employees volunteered

### **Our Partners**

We are pleased to acknowledge our local partners, whose efforts we have supported through leadership and collaborative community engagement to improve the health of the San Fernando Valley.

Amateur Radio Emergency Service American Association for Diabetes Education Association of Fundraising Professionals Boys and Girls Club of West Valley California State University, Northridge Children's Community School College of the Canyons
Community Foundation of the Valley
Congressman T. Cardenas
Eisner Health
El Nido Family Centers
Encino Chamber of Commerce
Fernando Foundation
First 5 LA/Welcome Baby
Greater San Fernando Valley Chamber of Commerce
Herschel Day School
Hope of the Valley
Hospital Association of Southern California
LAPD Neighborhood Watch
Los Angeles Chamber of Commerce
Los Angeles Pierce College
Los Angeles Valley College

(SCAHD)

### **Compassion in Action**

In Fiscal Year 2017, 188 VPH employees performed 1,506 community volunteer hours through 24 community agencies and activities. Some examples of activities include feeding the homeless, conducting free community health screenings, collecting food and clothing for the homeless, and donating toys to children during the holiday season.

- Meet Each Need with Dignity (MEND)
- Mid Valley Community Police Council
- Mid Valley YMCA
- Mount Saint Mary's College
- Northeast Valley Health Corporation ONEGeneration
- Ovarian Cancer Coalition of Greater California
- Pacoima Women's Entrepreneurship Center
- Partners in Care Foundation
- San Fernando Valley Rescue Mission
- Social and Environmental Entrepreneurs
- Southern California Grantmakers
- Southern California Association for Healthcare Development
- Tierra del Sol
- Valley Care Community Consortium
- Valley Community Healthcare
- Valley Economic Alliance
- Valley Industry Commerce Association (VICA)
- West Coast Sports Medicine
- Woodbury University



## INVESTING IN A SUSTAINABLE FOUNDATION.

#### Valley Presbyterian Hospital Foundation Board of Directors

David Fleming, Esq. Office of State Senator Robert Hertzberg Chairman of the Board

Anthony "Tony" Tartaglia Northern Region Southern California Gas Company Vice-Chairman of the Board

Keven Steinberg, Esq. Steinberg Law Secretary

Merryll McElwain BNY Mellon Treasurer

**Pegi Matsuda** Foundation President Valley Presbyterian Hospital

Nicholas Di Domenico, MD Valley Internal Medicine & Nephrology Medical Group Jennifer L. Garcia Wells Fargo Advisors

Carol Kim Health Net

Rochelle Nakajima SingerLewak LLP

Antonio Pizano CDC Small Business Finance

Diana Sanchez Los Angeles World Airports – Van Nuys

Gustavo Valdespino Valley Presbyterian Hospital

Angie Weber CBRE On behalf of the Valley Presbyterian Hospital Foundation ("Foundation") Board of Directors, thank you to the many individuals and organizations who have generously supported our work.

During this fiscal year, the Foundation received several significant program and capital improvement grants. Through the Foundation's "Gateway to a Healthy Future" capital campaign, more than \$1.2 million dollars was raised for the Emergency Department renovation project during the fiscal year. Capital improvement grants from the Ahmanson Foundation, Parsons Foundation and the Henry L. Guenther Foundation and donations from many individuals, contributed to this year's successful fundraising efforts.

In addition to the generosity of private foundations and individuals, the Foundation also relies on support from local business and

Pegi llatsud

Pegi Matsuda, Foundation President & Senior Vice President of Community Development



Valley Presbyterian Hospital Foundation Board Officers From left to right – Anthony "Tony" Tartaglia, Pegi Matsuda, David Fleming, Merryll McElwain, Keven Steinberg.



community leaders. Thank you to the more than 100 local businesses who continued their membership in the "Corporate Circle" donor membership group. And, we cannot do the work that our patients need without the loyal financial support of more than 1,000 employees who contribute through our employee donation group, the "Goal Getters," and the more than 50 physicians who continue as members of the "Physician Circle" donor support group.

We close this letter to the community with tremendous appreciation and respect for Mr. Robert I. Schueler. Mr. Schueler, a past resident of Van Nuys, had the vision and foresight to remember the Foundation in his estate plan. Upon his death in December 2016, the Foundation became the beneficiary of an estate gift valued at \$5.2 million dollars. Those of us who knew him will remember him and will thank him always.

David Fleming Chairman of the Board

## PRESIDENT'S CIRCLE

#### Gold: \$50,000 and above

Susan & Gregory L.\* Kay, MD Rini-Sultana & Gustavo\*/\*\*/\*\*\* Valdespino

#### Bronze: \$5,000-\$19,999

Bill & Marie Allen Chris & Lori\*\*\* Cardle lean & David\*/\*\* Fleming Deborah Gac\*\*\* Roberta & Alex\* Guerrero Robert Hertzberg Lewis Horne Tony Tartaglia\*\* Leandro & Lori Tyberg Pegi Matsuda\*\*/\*\*\* & Larry Haworth

#### Friends of the President's Circle: \$1.000-\$4.999 leffrey\*\*\* & Linda Allport Jeffrey & Lori\*\*\* Burnell, PhD, RN Daniel Chandler\* Judie Stein Friedman-In Memory of Ira Friedman, MD Tony & Jennifer\*\* Garcia Richard Hudson Margarita Jacobo\*\*\* lanice Klostermeier\*\*\*

David Liljegren Merryll McElwain\*\* & Lisa Marquis Victoria\*\*\* & Russell McNees Carol Miekle\*\*\* Jo A. Radford lean Rico\*\*\* Dr. & Mrs. Robert E. Stanton Marita Teves\*\*\* Darryl Toy\*\*\* lack R. Walter

### **GOAL GETTERS**

We believe our 1,600 employees are one of our greatest assets, and we are grateful to have more than 1000 who generously give back to the hospital through our Goal Getters employee giving program. Collectively, these dedicated employees represent

## **PHYSICIAN CIRCLE**

#### Gold: \$10,000 and above

Anonymous Emergent Medical Associates

#### Silver: \$2,000-\$9,999

Cardiovascular Consultants Medical Group Gnana M. Desigan, MD Nicholas Di Domenico, MD\*\* EmCare Dennis Kasimian, MD Peter J. Koetters, MD\* Thomas J. Lomis, MD Mid Valley Pulmonary Medical Group Ganesh Pandian, MD\* Renaissance Imaging Medical Associates, Inc. Kevin M. Rice, MD\* Sukshma R. Sreepathi, MD\*

#### Bronze: \$500-\$1,999

Bassam K. Bejjani, MD Ronald J. Belczyk, D.P.M. Ashwani Bhardwai, MD California Dialysis Associates Nagaraj M. Chetty, MD Shahram Farahvash, MD Heshmat Foroohar, MD lason Greenspan, MD Internal Medicine Associate Samuel Kashani, MD Michael A. Kirsch, MD Kambiz Kosari, MD Gregory P. Lekovic, MD Los Angeles Perinatal Associates Diego Mechoso, MD Llorens Pembrook, MD Michael A. Polisky, MD Sridhar Ramachandran, MD Andrea J. Reiche, MD

#### Salimpour Pediatric Medical Group San Fernando Valley Medical Group Munaf A. Shamji, MD\* Sylvain Silberstein, MD Balbir Singh, MD Southern California Orthopedic Institute Southern California Vascular Group Kevin Teehee, MD Tri-Valley Neonatal Medical Group, Inc. Charles Weidmann, MD Liva Yates-Gritton MD Erik Zeegen, MD

Mark S. Romoff, MD



Goal Getters

one of the hospital's largest donors. Through the financial support of our Goal Getters program, the hospital has funded equipment and programs that make a difference in the health and well-being of the patients we serve.

## LEGACY CIRCLE

Patron Robert I. Schueler

Friends Betty & Arthur D. Aston Lelah B. Balmagia Robert H. Dilworth Rose & William W. Edwards Marianna Fuller Victor Gehrig Martha E. Hand Harry Hodgson, Jr. Mabel & Cecil Love Constance & John F. Mann

Benefactor Jean & David\*/\*\* Fleming

Pegi Matsuda\*\*/\*\*\* & Larry Haworth Evelyn & John Pertusati Martha & Richard D. Poast Myrtle & Russell Quisenberry Barney C. Ruben Martha & Robert D. Selleck Carol & Stuart Solomon Othmar |. Steioff Crystal & Roland Tuiplin Patricia & Donald Van Atta

## **EXPANDING OUR CIRCLES OF SUPPORT.**



Ahmanson Foundation First 5 LA Henry L. Guenther Foundation Lon V. Smith Foundation Southern California Gas Company The California Community Foundation

Grants

The Ralph M. Parsons Foundation UniHealth Foundation Weingart Foundation Wells Fargo Foundation

4th Annual Celebration of Excellence Left to right: Gustavo Valdespino and Dr. Ganesh Pandian \*Governing Board Member \*\*\*Employee



Corporate Circle Business Leaders Reception

\*\*Foundation Board Member

## **CORPORATE CIRCLE**

#### Gold: \$10,000 & Above

Barlow Respiratory Hospital California United Bank ClubCorp Charities, Inc. Kindred Healthcare Layton Construction Company, LLC Payden & Rygel Investment Management Preferred Partners Insurance Agency

#### Silver: \$5.000-\$9.999 Anthem, Inc.

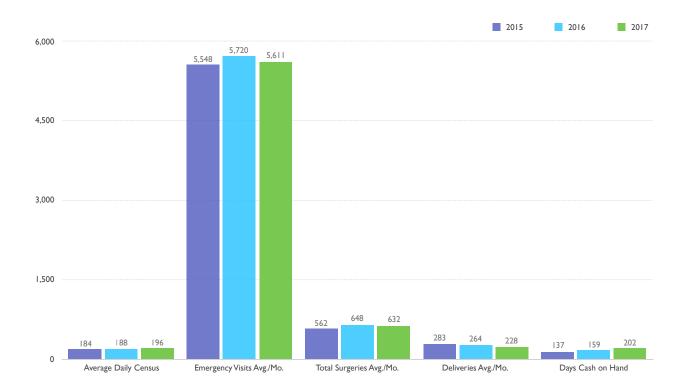
Bessolo Haworth, LLP BNY Mellon Wealth Management California State University, Northridge Care 1st Health Plan Caruso Family Foundation Community Family Care, IPA Conifer Health Solutions Crothall Healthcare Facilities Delta Health Systems Health Care LA. IPA Health Net Foundation HealthCare Partners Howe, Bonney & Associates |T Construction Group, Inc. LA Care Health Plan Lewitt Hackman Lockton Insurance Brokers, LLC Medline Industries, Inc. MedPoint Management MetLife Preferred IPA of California **RxBenefits** Savely Healthcare Architects Sodexo, Inc. & Affiliates Southern California Gas Company Strategic Building Services Tech Electric The Fulcrum Group Wells Fargo Bank

#### Bronze: \$1,000-\$4,999

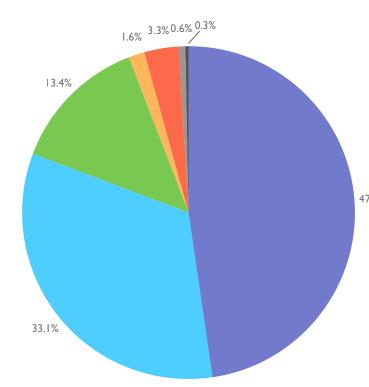
AIDS Healthcare Foundation Allied Universal Aramark Healthcare Technologies CalCom Federal Credit Union Chandler Partners Child Care Resource Center CloudWave Colliers International Columbia Steel. Inc. Conquest Medical, Inc. Cresa CynergisTek Dummit, Buchholz & Trapp Essential Biologics, Inc. Forward Advantage, Inc. Greenberg & Bass Healthcare Revenue Management Group Heritage Provider Network/Regal Medical Group Hooper, Lundy & Bookman, P.C. Imprivata Intelligent Medical Objects, Inc. Interstate Rehabilitation Services James + Gable Insurance Brokers, Inc. KIM Industries, Inc. Lancaster Pollard Littler Mendelson Foundation. Inc. Los Angeles Daily News Los Angeles Valley College Moore & Associates Moss Adams LLP Navin, Haffty & Associates Northeast Valley Health Corporation OneLegacy Parking Company of America Paul Davis & Alberta Bellisario Insurance Services Proficio, Inc. **RBB** Architects REM Architects Remedy Home Healthcare Richard Katz Consulting Sacramento Technology Group Seyfarth Shaw, LLP SingerLewak, LLP SoCal Spine, Inc. Strategy Asset Managers, LLC Sun Life Financial Tierra Del Sol Valley Economic Development Center Van Nuys Airport

## **CARING FOR THE BUSINESS OF HEALTH CARE.**

### 2017 Key Volumes



### 2017 Use of Funds



Salaries, Wages and Benefits \$159,978,050 Controllable Expenses \$110,930,666 Supplies \$44,968,039

- Bad Debt, Charity<sup>\*</sup> \$5,218,985
- Depreciation \$11,206,194
- Insurance, Tax and Licenses \$2,154,326
- Interest \$1,004,524

47.7%

## **GOVERNING WITH A CLEAR MISSION.**

### **Our Mission**

To improve the quality of health in the San Fernando Valley

### **Our Vision**

Excellence in all we do

### **Core Values**

Demonstrate dignity and respect for all individuals

Deliver compassionate and patient-centric care that addresses diverse cultural needs

Create and maintain a quality environment that allows physicians and employees to succeed

Show pride in providing community-based health care

Promote trust and transparency

Encourage collaboration in the workplace

#### **BOARD OF DIRECTORS**

Gregory L. Kay, MD, Chairman of the Board Community Representative

David W. Fleming, Chairman Emeritus Special Advisor, Office of State Senator Robert Hertzberg

Peter J. Koetters, MD, Chief of Staff Physician, Valley Presbyterian Hospital

David Adelman, Secretary Partner, Greenberg & Bass, LLP

Alex Guerrero, Treasurer Chief Development Officer, VEDC

Dan Chandler President, Chandler Partners

**EXECUTIVE TEAM** 

& Chief Operating Officer

Gustavo Valdespino

Janice Klostermeier

President & CEO

Lori Cardle

Dianne F. Harrison, PhD President, California State University, Northridge

#### MEDICAL EXECUTIVE COMMITTEE

#### Medical Staff Officers

Peter J. Koetters, MD Chief of Staff

Sukshma Sreepathi, MD Vice Chief of Staff

Kevin M. Rice, MD Secretary/Treasurer

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Luca Jacobellis

Ganesh Pandian, MD Medical Director of Cardiology, Valley Presbyterian Hospital

Kevin M. Rice, MD Medical Director of Radiology, Valley Presbyterian Hospital

Luca Jacobellis	Barbara Romero
President, Cal Net Technology Group	Deputy Mayor of City Services,
Matthew Mischel, MD	Los Angeles Mayor's Office
Physician, Valley Internal Medicine $\&$	Sukshma Sreepathi, MD
Nephrology Medical Group	Physician, President,
Todd D. Moldawer, MD	Tri-Valley Neonatal Medical Group
Physician, Southern California Orthopedic	Gustavo Valdespino
Institute (SCOI)	President & CEO,
Ganesh Pandian, MD	Valley Presbyterian Hospital
Medical Director of Cardiology,	Vladimir Victorio

Vice President – Senior Private Banker,

Wells Fargo Wealth Advisors

#### Medical Departments & Representatives

Division of Anesthesiology Shahram S. Farahvash, MD

Division of Cardiology Arash Vahdat, MD

Emergency Department Brian J. Ostick, MD

Department of Medicine Michael A. Polisky, MD

Department of Obstetrics/Gynecology Hormoz Farhat, MD

Department of Pathology Dennis Kasimian, MD

Department of Pediatrics Diego A. Mechoso, MD

Division of Radiology Kevin M. Rice, MD

Department of Surgery Farshad Malekmehr, MD

## **ALWAYS PUTTING PATIENTS FIRST.**

### **BABY LORENZO**

Imagine recovering from the birth of your premature baby boy and being asked to sign papers to transfer him to a hospital NICU vou've never even seen before. Such was the beginning of Adriana's experience with her precious Baby Lorenzo.

The hospital where Lorenzo was born did not have an available bed in their NICU, and so her doctors determined Valley Presbyterian Hospital's NICU would be the best place for him.

> *"Little Lorenzo was born* of 'cheek to cheek' time and off they went."

The next day, a very worried Adriana calls the VPH NICU and speaks to Lorenzo's nurse.

### "Janet gave me an update and I was told to call anytime. And just like that, my nerves were calmed."

Immediately after she is discharged the next day, Adriana and her husband head straight to VPH. It's a foreign place to her, but soon, the nurses make her feel more and more comfortable.

In addition to Down's syndrome and a cleft palate, Lorenzo would also have to fight off an infection that would add six more weeks to his stay. And fight he did! Lorenzo is and I got my two seconds well on his way to a happy, rewarding life, and the Lopez family is so grateful for the team at VPH.

> "Today, I am happy to say that the NICU nurses at Valley Presbyterian Hospital are the absolute BEST! I would love to name each and every one of them and tell you how they have helped me, the tips they've given me, the words of comfort they've shared with me, all the love they've shown and given my little Lorenzo, but I can't. Not because I can't type their names, but because it wasn't just one nurse, or two, or three, it was all of them!!!"

Baby Lorenzo

### MICHAEL AND CAROL

In medicine, as in life, there are few certainties. But for Michael and Carol, the thoughtful care they received from doctors, surgeons, nurses and staff on the 6th floor was a constant for the 50 days it took to get Michael through a lifethreatening ordeal.

Following emergency bowel obstruction surgery during a stay in Texas, Michael and Carol returned to Los Angeles with lingering pain and fever. They sought out the advice of Dr. Samuel Kashani, a surgeon with privileges at VPH.

"He impressed Michael with his signature calm and smart wit... it was love at first repartee."

> In between consultations, Michael's condition took a dangerous turn and he was admitted to the 6th floor. There, doctors performed

*"Michael's life* depended on your expertise, quidance, compassion and kindness. I did, too. I felt alone and scared. All of you made me feel so taken care of."



6 West Team

extensive tests during which Michael's pain was matched only by his wife's worry. Nurses cared for both of them.

> Ultimately, Michael needed 8 hours of life-saving surgery, but thankfully is on the mend.

"Please know Michael is home thanks to all of you. Thank you all! You are the true magical beings in our world. Your sacrifices, compassion and gifts are beyond compare."



Valley Presbyterian Hospital (VPH) is an independent, nonprofit and nonsectarian hospital serving the medical needs of the San Fernando Valley community for more than 50 years. VPH has grown to become one of the largest acute care hospitals in the greater San Fernando Valley region and continues to provide patient-centered care for a healthy community. The 350-bed facility offers advanced technology and a full range of medical services to improve and save lives.

For more information, visit valleypres.org.

### VALLEY PRESBYTERIAN HOSPITAL Excellence in all we do

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